FESTIVAL WEEKEND

FIRST GLANCE ITINERARY 6th-8th September 2024

Subject to small changes to locations and activities

Friday 6th September 2024 DAY OVERVIEW

2:30pm: A Walking Quiz of the East End

Kick off the weekend by competing in small teams in an on location quiz. You'll visit a number of places in the area and answer a series of questions about them. We'll sort you into teams on the day, so come alone or in groups.

Close to Victoria Park

5pm: Festival opening drinks reception

Completely optional, but we wanted to give you an opportunity to catch up with friends old and new.

Condon Hospital Tavern, Whitechapel

6:30: Murder mystery team challenge

Become detectives for the night and travel back to the swinging sixties to solve a brutal murder in the gang infested East End.

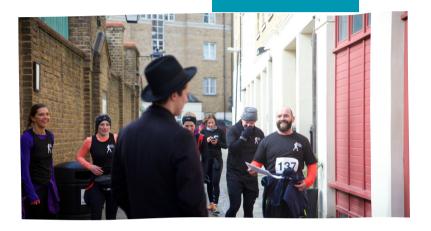
Between 6:30pm & 7:45pm: Staggered start of teams. You'll be briefed, brought upto speed on the murder and investigation so far and given a map. Then the clock will start and you'll head out onto the streets and run/walk approx 5km, hunting down clues, questioning witnesses and interrogating suspects. The start will be staggered to ensure the course does not get clogged up. Start any time between 6:30pm and 7:45pm. If you walk, please start between 6:30pm and 6:45pm. Most people take approx 1 hour to complete the challenge.

9pm: Murderer announced and arrested, followed by drinks

Enjoy our private room at the London Hospital Tavern. The London Hospital Tavern serves <u>food</u>, and you'll be able to order any time during the evening (when you're not solving the murder).



London Hospital Tavern, Whitechapel









Saturday 7th September 2024 DAY OVERVIEW



7am-8am

Sunrise street art walking tour P Aldgate

9am-10am

- a) Street art 5k running tour (gentler pace) O Aldgate
- b) Secret London Runs takeover at Hackney Marshes parkrun Packney

10:45am-11:45am

- a) The Dash (treasure hunt using Team Magpie's app)
 Pair and team options Close to Victoria Park
- b) Walking Quiz Aldgate
 Compete in small teams in an on-location test of knowledge

12pm-2pm: Lunch Victoria Park

Choose your own lunch from one of the delicious eateries surrounding the park and join the group for a picnic

1pm: Afternoon stretch in the park - for those needing

some TLC before the afternoon sessions

2:30pm: Afternoon tours

- a) The East End in WII: 3k walking tour Pethnal Green
- b) Whopping Wapping Pirates: 5k running tour (gentler pace) Wapping
- c) History of the East End: 5k running tour (all paces) Aldgate
- d) The Enigma of the Kray Twins 8k running tour (quicker pace) 💡 Tower Hill

3pm: Talk by historian, Heather Darsie

Stuart Spouses: A Compendium of Consorts from James 1 of Scotland to Queen Anne of Great Britain Pethnal Green

4pm - 6pm Interactive Workshop recreating Mary Queen of Scots' prison embroideries (drop in)

Create a replica of one of Mary Queen of Scots' famous embroideries, guided by historian Heathern Doorstie pital Tavern, Whitechapel

6pm: Optional evening drinks

During this time feel free to enjoy the culinary delights of the East End, or eat at the venue, prior to 7:30pm

London Hospital Tavern, Whitechapel

Sunday 8th September 2024 DAY OVERVIEW

8am: Top Ten Murals Running Tour (10k)

In a faster paced tour with fewer stops, Vanessa will take you to her top ten pieces of street art in London's East End.

Shoreditch High Street

10:30am: Morning tours

- a) The East End in WWII: 10K Running tour (quicker pace) Pow Road
- b) Whopping Wapping Pirates: 3k walking tour Vapping
- c) History of the East End: 5k running tour (all paces) O Aldgate
- d) The Enigma of the Kray Twins: 8k running tour (gentler pace) Tower Hill

11am Interactive Workshop recreating Mary Queen of Scots' prison embroideries (drop in)

Create a replica of one of Mary Queen of Scots' famous embroideries, guided by historian Heather Darsie.

1:30pm: Closing ceremony

Celebrate an awesome weekend and say farewell. TBC









Extra info





You'll notice that the tours for the 2024 festival have a guide pace next to them (e.g. "faster" "gentler" and "all paces).

These are not designed to make anybody feel excluded but to run our tours in a way that each of you runs in your comfort zone.

As the festival gets closer, we will quantify those paces, but it's likely that "faster" will be quicker than 11 minute miles, and gentler will be gentler than 11 minute miles.

If attendance at our festival increases, we'll be able to offer more pace groupings. Please drop as a line if anything about this worries you.

Extra info BAG STORAGE





London is big. And your hotel might be far out. If you'd like to store any luggage near the festival locations, we've partnered up with Luggage Hero to give Secret London Runs Festivalers 2 hours of free storage.

Luggage Hero have partner bag storage facilities all over London – they're usually in small shops or booths. I've used them a number of times and have been really impressed by the service.

<u>Use this link</u> and it will automatically add 2 hours of free storage when you go to the checkout. Feel free to ask me any questions about it.

https://lughero.com/SecretLondonRuns

Extra info SHOWERS





Perhaps you won't be able to get back to your hotel/home before evening entertainment?

You might want to take a look at <u>RunFriendly</u> who have partnered up with locations around London to provide a shower-on-demand service – cost (£2-£5)

You're under absolutely no obligation to shower before any activity. We'll be happy to see you however sweaty you remain.

RunFriendly

Extra info HOTELS/ACCOMMODATION





We recommend staying anywhere close to Aldgate, Shoreditch, Liverpool Street. If you're happy to spend a little time travelling at the start/end of your day feel free to stay a little further out (e.g. West Ham, Plaistow, Stratford).

Please do book your accommodation early as prices can rise.

We don't want to recommend that you stay anywhere that we haven't, but please feel free to coordinate with other festival attendees in the <u>Secret London Runs Connect Facebook group</u>.

How to sign up

3-DAY PASSES ONLY:

Pay a £25 deposit

to secure your spot

Pay the balance

if you've already paid the deposit

1-DAY, 2-DAY AND 3-DAY PASSES:

Sign up in full



