

SECRET LONDON RUNS



# FESTIVAL WEEKEND

FIRST GLANCE ITINERARY  
6th-8th September 2024

Subject to small changes to locations and activities



# Friday 6th September 2024

## DAY OVERVIEW

### 2:30pm: A Walking Quiz of the East End

Kick off the weekend by competing in small teams in an on location quiz. You'll visit a number of places in the area and answer a series of questions about them. We'll sort you into teams on the day, so come alone or in groups.

📍 Close to Victoria Park

### 5pm: Festival opening drinks reception

Completely optional, but we wanted to give you an opportunity to catch up with friends old and new.

📍 London Hospital Tavern, Whitechapel

### 6:30: Murder mystery team challenge

Become detectives for the night and travel back to the swinging sixties to solve a brutal murder in the gang infested East End.

**Between 6:30pm & 7:45pm:** Staggered start of teams. You'll be briefed, brought upto speed on the murder and investigation so far and given a map. Then the clock will start and you'll head out onto the streets and run/walk approx 5km, hunting down clues, questioning witnesses and interrogating suspects. The start will be staggered to ensure the course does not get clogged up. Start any time between 6:30pm and 7:45pm. If you walk, please start between 6:30pm and 6:45pm. Most people take approx 1 hour to complete the challenge.

### 9pm: Murderer announced and arrested, followed by drinks

Enjoy our private room at the London Hospital Tavern. The London Hospital Tavern serves food, and you'll be able to order any time during the evening (when you're not solving the murder).

📍 London Hospital Tavern, Whitechapel



# Saturday 7th September 2024

## DAY OVERVIEW



### 7am-8am


Sunrise street art walking tour  Aldgate

### 9am-10am

a) Street art 5k running tour (gentler pace)  Aldgate

b) Secret London Runs takeover at  
Hackney Marshes parkrun  Hackney

### 10:45am-11:45am

a) The Dash (treasure hunt using Team Magpie's app)  
Pair and team options  Close to Victoria Park

b) Walking Quiz  Aldgate

Compete in small teams in an on-location test of knowledge

### 12pm-2pm: Lunch Victoria Park

Choose your own lunch from one of the delicious eateries surrounding the park and join the group for a picnic

**1pm: Afternoon stretch in the park** - for those needing some TLC before the afternoon sessions

### 2:30pm: Afternoon tours

a) The East End in WWII: 3k walking tour  Bethnal Green

b) Whopping Wapping Pirates: 5k running tour (gentler pace)  Wapping

c) History of the East End: 5k running tour (all paces)  Aldgate

d) The Enigma of the Kray Twins 8k running tour (quicker pace)  Tower Hill


### 3pm: Talk by historian, Heather Darsie

Stuart Spouses: A Compendium of Consorts from James I of Scotland to Queen Anne of Great Britain  Bethnal Green

### 4pm - 6pm Interactive Workshop recreating Mary Queen of Scots' prison embroideries (drop in)

Create a replica of one of Mary Queen of Scots' famous embroideries, guided by historian Heather Darsie  London Hospital Tavern, Whitechapel

### 6pm: Optional evening drinks

During this time feel free to enjoy the culinary delights of the East End, or eat at the venue, prior to 7:30pm  London Hospital Tavern, Whitechapel

**7:30pm: Pub Quiz**  London Hospital Tavern, Whitechapel

# Sunday 8th September 2024

## DAY OVERVIEW

### 8am: Top Ten Murals Running Tour (10k)

In a faster paced tour with fewer stops, Vanessa will take you to her top ten pieces of street art in London's East End.

📍 Shoreditch High Street

### 10:30am: Morning tours

- a) The East End in WWII: 10K Running tour (quicker pace) 📍 Bow Road
- b) Whopping Wapping Pirates: 3k walking tour 📍 Wapping
- c) History of the East End: 5k running tour (all paces) 📍 Aldgate
- d) The Enigma of the Kray Twins: 8k running tour (gentler pace) 📍 Tower Hill

### 11am Interactive Workshop recreating Mary Queen of Scots' prison embroideries (drop in)

Create a replica of one of Mary Queen of Scots' famous embroideries, guided by historian Heather Darsie. 📍 TBC

### 1:30pm: Closing ceremony

Celebrate an awesome weekend and say farewell. 📍 TBC



# Extra info

## PACE



You'll notice that the tours for the 2024 festival have a guide pace next to them (e.g. "faster" "gentler" and "all paces").

These are not designed to make anybody feel excluded but to run our tours in a way that each of you runs in your comfort zone.

As the festival gets closer, we will quantify those paces, but it's likely that "faster" will be quicker than 11 minute miles, and gentler will be gentler than 11 minute miles.

If attendance at our festival increases, we'll be able to offer more pace groupings. Please drop us a line if anything about this worries you.

# Extra info

## BAG STORAGE



London is big. And your hotel might be far out. If you'd like to store any luggage near the festival locations, we've partnered up with Luggage Hero to give Secret London Runs Festivalers 2 hours of free storage.

Luggage Hero have partner bag storage facilities all over London - they're usually in small shops or booths. I've used them a number of times and have been really impressed by the service.

[Use this link](https://lughero.com/SecretLondonRuns) and it will automatically add 2 hours of free storage when you go to the checkout. Feel free to ask me any questions about it.

<https://lughero.com/SecretLondonRuns>



# Extra info

## SHOWERS



Perhaps you won't be able to get back to your hotel/home before evening entertainment?

You might want to take a look at [RunFriendly](#) who have partnered up with locations around London to provide a shower-on-demand service - cost (£2-£5)

You're under absolutely no obligation to shower before any activity. We'll be happy to see you however sweaty you remain.

**RunFriendly**

# Extra info

## HOTELS/ACCOMMODATION



We recommend staying anywhere close to Aldgate, Shoreditch, Liverpool Street. If you're happy to spend a little time travelling at the start/end of your day feel free to stay a little further out (e.g. West Ham, Plaistow, Stratford).

Please do book your accommodation early as prices can rise.

We don't want to recommend that you stay anywhere that we haven't, but please feel free to coordinate with other festival attendees in the [Secret London Runs Connect Facebook group](#).



# How to sign up

## 3-DAY PASSES ONLY:

**Pay a £25 deposit**

to secure your spot

**Pay the balance**

if you've already paid the deposit

## 1-DAY, 2-DAY AND 3-DAY PASSES:

**Sign up in full**



**Click on the links to sign up**

